About us

Richmond Fellowship and Humankind have come together to form Waythrough.

Specialising in mental health, employment support, alcohol, drugs and related areas. Our high quality, evidence-based services are designed around the needs of the people and communities we serve.

For more information visit:
www.waythrough.org.uk

Get in touch

To find out more about the support we can provide and our referral process, please contact us on:

T: **01372 363934**

E: **SurreySEAs-nhs-tt@waythrough.org.uk**

W: **www.talkplus.org.uk**

TalkPlus

Waythrough is a company registered in England and Wales.
Registered office: Inspiration House, Unit 22, Bowburn North Industrial Estate, Durham DH6 5PF. Registered Company 01820492 | Registered Charity 515755 | CQC registered provider 1-126775024. Social housing registered provider 4713 | VAT 413 2088 32

Help to find or stay in work

Waythrough
Surrey EAs in NHS Talking Therapies

How we can help

Surrey EAs in NHS Talking Therapies offers one-to-one support to people living with mental ill health who are seeking work or need assistance to manage their mental health in work.

We provide confidential, impartial advice and guidance to help you back into paid employment. If you are currently in work and experiencing mental ill health, then we can support you and your employer to make plans and find solutions that enable you to retain your employment.

Who can we help

Our service is available to anyone receiving talking therapies with Talkplus for mental ill health (including stress, anxiety and depression) and is looking to find or stay in paid employment.

Working towards that goal we can advise on voluntary work, training, alongside a wide network of local mental health charities.

Please speak to your Talkplus therapist to be referred to our service.

Support we offer

Our Employment Specialists can support you on a one-to-one basis, providing confidential, impartial advice and guidance to help you to move forward.

Here are just some of the areas we can support you with:

- CV design
- Job searching
- Interview practice and techniques
- In-work advice and guidance
- Job retention
- Employer liaison support
- And much more...

Once you are referred to our service you'll be allocated an employment specialist who will work with you to set positive and achievable goals by a personalised support plan.

Your specialist will not just help you find paid employment but will help you retain your employment if you so wish.

We can work with you and, if you consent, your employer to make plans and find solutions that enable you to carry on in work or return to work if you have been off work due to illness.

What we achieve

78% of people using our employment services moved into employment, training or further education or successfully retained their job.

96% of the people we support said they would recommend us to friends and family.

96% of the people we support said we'd helped to improve the quality of their life.